Study ID	Cohort studies									
	Selection				Comparability	Outcome			Total score	Quality score
	Representativeness of the exposed cohort	Selection of the non-exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts on the basis of the design or analysis	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up of cohorts		
Abdelazeem 2024	☆	☆	☆	☆	☆☆	☆	☆	☆	9/9	High
Paksoy 2013	☆	☆	☆	☆	☆	☆	☆	☆	8/9	High

Supplementary Fig. 2. Risk of bias assessment of non-randomized studies using the Newcastle–Ottawa Scale (NOS).